

Pilina Pūowaina



Community Conversations Updates

Aging in Place & Research - May 14, 2025

Home Conversation #1 - May 7, 2025



NO KĀKOU, NA KĀKOU... FOR PAPAĀKŌLEA, BY PAPAĀKŌLEA

Hui,

Aloha mai ohana. KULA is happy to share the second update on PILINA PUOWAINA, our community development initiative dedicated to creating a Kūpuna Supportive Living Center on the slopes of Pūowaina. The center is envisioned as a kauhale or village for kūpuna to age safely in Papakōlea. This newsletter highlights the takeaways from the Community Conversations held on April 30 (Aging in Place & Health Services) and May 14 (Aging in Place & Research). We are also happy to share mana'o of residents who attended our first Home Conversation on May 7.

While we deeply appreciate everyone who has come out to our conversations, we need to hear from as many residents as possible. Your thoughts, concerns, questions and expertise in numerous areas of land development, construction, kūpuna housing, health, human and social services are all vital to the project's success.

We would like to send a special shout out to makua, ages 35-55. Your participation is very important in creating this center. Our kūpuna are very clear of the challenges they face every day. And they are equally concerned for those who will follow them. As they've stated to us, "I probably won't be here when it's done. It's really for my kids and my grandkids." And they're right. We need to hear from Papakōlea makua. Please come and join us at an upcoming conversation. Mahalo nui.

There are 10 families who signed up to host a home conversation. These conversations are aimed to provide family members and neighbors of the host a convenient and comfortable space to talk story. Guests are by invitation of the host only. KULA will provide light refreshments and facilitate the meeting for no more than 2 hours. Home conversations will continue in June and throughout the summer. If you'd like to host a home conversation, please contact Puni at 808-358-6732.

In closing mahalo nui Papakōlea, Kewalo and Kalawahine for your prayers, love and support in moving Pilina Pūowaina forward. To attend any future community conversation, please RSVP by QR code or call us at 808-649-3725. A small makana will be provided.

B. Puni Kekauoha
Senior Vice President, Kula no nā Po'e Hawai'i
Project Director - Pilina Pūowaina

Dr. Adrienne Dillard, MSW, LSW, PhD
Chief Executive Officer



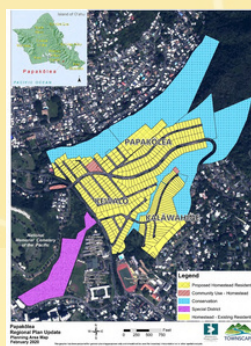
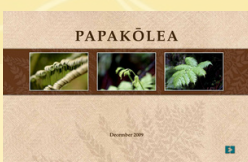
Background

Since the majority of Papakōlea homes are built against the mountains and only have stairway access, the lack of safe housing conditions is a significant concern. The Kūpuna Supportive Living Center is envisioned as a kauhale or village for kūpuna to age safely in the community. Originally identified as a Priority Project in the 2009 Papakōlea Regional Plan and reaffirmed in the 2020 Papakōlea Regional Plan, this project is for our kūpuna, our community, and our future generations.

Papakōlea
2009
Regional Plan



Papakōlea
2020
Regional Plan



'Auamo Kuleana

As we embark on the Pilina Pūowaina journey, we invite you to 'Auamo Kuleana. 'Auamo Kuleana (carrying responsibilities) is a widely used call to action that encourages individuals & communities to shoulder responsibilities & place them in balance. 'Auamo is a pole or stick used to carry burdens (heavy loads) across the shoulder. The phrase prompts a reflection of how to best balance the diverse responsibilities we assume & have been entrusted with.

'A'ohē hana nui ke alu 'ia
No task is too big when done
together by all



Meeting Takeaways

Overview of Aging in Place & Research

Research in Papakōlea Began 25 Years Ago

- With a focus on community assessments and community research projects to help Papakōlea communities
- Papakōlea community members created a vision statement that still rings true today:

Our home is Papakōlea, a community where the spirit of lokahi (unity) and aloha inspires self-reliance and participation to share knowledge of our culture and respect of 'ohana (family).

Residents assume a responsibility to create a community with strong identity, spirit, and pride.

Our participation nurtures our growth in education, economic well-being and improved health conditions for generations to come.

- Over time, KULA has gained the capacity to lead research and in 2022 became a principal investigator of a research project in Papakōlea

History of Data Use In Papakōlea

- As a highly concentrated community of Native Hawaiians in Honolulu, the Papakōlea community experienced their data being used rampantly in the 1970's
- As a result, community members halted any data collection in Papakōlea for 30 years

Meeting Takeaways

Overview of Aging in Place & Research

Pili 'Ohana and the Department of Native Hawaiian Health

- In 2005, KULA began working with the UH Department of Native Hawaiian Health to focus on community-based participatory research (CBPR) to identify major health concerns of Native Hawaiians

Community-Based Participatory Research Background

- The goal is to increase knowledge and understanding between the community and academic partners
- Both groups come together as equals to collect information, develop processes, and build the capacity of local communities
- CBPR work aligns with Native Hawaiian values and culture

Research for Pilina Pūowaina funded by Robert Wood Johnson Foundation

- KULA will approach research in two ways
 - Dissemination of a new & modified Homestead Health Survey to all Papakōlea residents 18 years and older
 - A deeper focus group workshop called Group Model Building
- Broad Goal = identify community needs and services that may be supported by the Pilina Pūowaina project or Kūpuna Supportive Living Center (KSLC)

Community Thoughts Tied to Aging in Place & Research

Gratitude for the Work KULA Has Done

- A community member who has lived in Papakōlea their whole life shared an appreciation for KULA's community work and hopes that more people will attend the meetings

Questions & Answers

Questions shared by community members in attendance and answered by project team members

Q: When will the Homestead Health Survey be distributed?

A: (KULA): July 2025.

Q: Will the Homestead Health Survey support the design of the KSLC?

A: (KULA): Yes, however, KULA does not assume to know the community's vision of how the land should be used. KULA would like to gather as much information as possible to inform decisions made regarding the Pilina Pūowaina project.

Q: When was the last Homestead Health Survey distributed?

A: (KULA): In 2014.

Q: Could the Survey results identify an additional project kūpuna may want, outside of the KSLC?

A: (KULA): Community data can help to answer questions beyond the Pilina Pūowaina project. KULA would like to collectively identify the projects and activities that the community are gifted in or would like to participate in.

A: (KULA): A detailed conversation about specific projects will take place in the detailed survey.

Q: What was the response rate of the last Homestead Health Survey?

A: (KULA): 30%, which is a standard response rate across homesteads.

Questions & Answers

Questions shared by community members in attendance and answered by project team members

Q: Who is eligible to complete the upcoming Homestead Health Survey?

A: (KULA): All adults who are 18 years old and older can complete the Survey and are eligible to receive a gift card once they've completed the Survey.

Q: Is there a question about homestead succession and blood quantum in the Survey?

A: (KULA): Yes

A: (KULA): We can add additional questions tied to succession and blood quantum topics if that is of interest.

Q: Can an online version of the Survey be created with a QR code? It may help to encourage the younger generation to complete the Survey.

A: (KULA): Yes, it is possible. It may be a little more difficult to track that one person is completing each Survey when it is time to distribute the gift cards.

Q: Are there concerns regarding the broadness and number of questions in the Survey?

A: (KULA): KULA is aware of the number of questions in the Survey. The goal of the Survey is to receive a wide range of answers which can inform KULA's programming.

Meeting Takeaways

Thoughts and Memories of Papakōlea

Sliding and Biking Down the Black Sand on Pūowaina

Multiple people recalled childhood memories of sliding and biking down the black cinder sand on Pūowaina

Visiting Friends

At their homes in Pūowaina, after school

Climbing Trees in the Pūowaina mountains

Rainbows and Rain

Recalling memories of the rainbows and rain in Pūowaina

Community Thoughts & Concerns Tied to - Aging in Place at Home

- **Kewalo Homes are Not as Impacted**
 - Due to its location, Kewalo homes are not as impacted by the steep mountain slopes that make it difficult for Papakōlea kūpuna to access their homes
- **Difficulties and Complexities of Dementia Care**
 - Specific types of caregiving skills are required to support patients with dementia
 - Caring for individuals with dementia without the proper care and support may impact kūpuna's ability to age in place at home
 - Some of the difficulties mentioned were caring for patients with dementia who require 24 hour care

Meeting Takeaways

Considerations for the Pilina Pūowaina Kūpuna Supportive Living Center (KSLC) Facility

- ***Medical Facilities with Doctors and Nurses***
 - In the KSLC for kūpuna to access
- ***Transportation Services***
 - Transporting kūpuna from their home to doctors appointments
 - Some shared it was difficult having to use their own vehicles to transport kūpuna as they would have to remove seats from their van and reorganize their car setup
- ***Dementia Care Training For the Younger Generation***
 - Training for the younger generation from the community to care for the kūpuna is needed
 - The younger generation may be more willing to care for someone in their community

May 7, 2025

Questions & Answers

Questions shared by community members in attendance and answered by project team members

Q: Will this space be open to all kūpuna? My mom grew up in Kewalo but moved to Kalihi after she got married.

A: (KULA): The living center side of the KSLC will have preference given to Papakōlea, Kewalo, and Kalāwahine lessees and community members. If the KSLC were to have a daycare this would be open to all Native Hawaiian communities and Native Hawaiian kūpuna.

A: (KULA): DHHL requires KULA to give preference to beneficiaries.

Q: What is the rough estimate of land that KULA is acquiring?

A: (KULA): 7.25 acres. KULA is aware not all of the area may be developable and will have various costs.

Q: Will KULA have to pay for the environmental assessments or studies tied to this project?

A: (KULA): Yes, KULA will have to provide all of the resources tied to projects on the 'āina.

A: (KULA): DHHL requires Kula to provide all resources once they require the land for this project.

Q: Can KULA provide dementia training for caregivers and the community?

A: (KULA): KULA is creating a curriculum to support caregiving of individuals with dementia.

May 7, 2025

Questions & Answers

Questions shared by community members in attendance and answered by project team members

Q: Can KULA apply for grants to fund this project? Are there certain limits or rules that KULA must abide by as a nonprofit when applying for grants or funding?

A: (KULA): Yes, KULA can apply for grants but cannot guarantee what is funded.

A: (KULA): KULA needs to be good stewards when raising money. KULA will have to identify funding resources while the land remains undeveloped.

Q: Can the KSLC be built as a multiple story complex?

A: (KULA): Yes, it could.

Q: Will the KSLC have a live-in center for kūpuna and their families?

A: (KULA): The KSLC will be for kūpuna to live in. The KSLC may possibly provide services for families.

Community Conversations

Project Team

Wednesdays, 6:00-7:30pm
Papakōlea Park
Light Refreshments Served



- April 2 Project Introduction - Open Community
- April 16 History & Culture
- April 30 Aging in Place & Health Services
- May 14 Aging in Place & Research
- May 28 Land Use***
- June 4 Pūowaina Conversations Recap***
- June 18 Fund Development***



DEPARTMENT OF HAWAIIAN HOME LANDS



***\$25.00 Gift Card for attendance with RSVP

Please RSVP to attend any of the above meetings. Call 808-649-3725 or by QR code.



Acknowledgements

Mahalo Ke Akua for His many blessings. By His love and guidance --we serve. We are humbled and honored that He has joined our lives with yours.



This research is supported by the Robert Wood Johnson Foundation Evidence for Action Program, Grant #82208.

Evidence for Action (E4A), a national program of the Robert Wood Johnson Foundation (RWJF), funds research that expands the evidence needed to build a Culture of Health. A Culture of Health is broadly defined as one in which good health and well-being flourish across geographic, demographic, and social sectors; public and private decision-making is guided by the goal of fostering equitable communities; and everyone has the opportunity to make choices that lead to healthy lifestyles.

Kula No Nā Po'e Hawai'i
2150 Tantalus Drive
Honolulu, HI 96813
808.649.3725
www.kula-papakolea.org



Kula no na Po`e Hawaii
Pilina Pūowaina
PO Box 23268
Honolulu, HI 96823

Pilina Pūowaina

Community Conversations

Wednesdays, 6:00-7:30pm

Papakōlea Park

Light Refreshments Served

- | | |
|---------|------------------------------|
| May 28 | Land Use |
| June 4 | Pūowaina Conversations Recap |
| June 18 | Fund Development |

Please RSVP to
808-649-3725
or by QR code:

